

CERTIFICATE OF APPRECIATION

IS PROUDLY PRESENTED TO

Irina Oshchepkova

YOGA SHAPE, BRUSSELS, BELGIUM

To provide her valuable insight on "Stress Management for People with Demanding Jobs" as a Speaker
at the 4th World Mental Health Congress held on Dec 12-13, 2022 as a Virtual Event.

Sam Vaknin

Southern Federal University,
Rostov-on-Don, Russia



Raffaele Pilla

St. John of God Hospital,
Italy