



# CERTIFICATE

This certificate is proudly presented to

*Irina Oshchepkova*

from Yoga Shape, Belgium

for her phenomenal Oral presentation on "**Hakuna Matata in the Corporate Jungle: Resilience Tools to Support Physical and Mental Health in the Workplace**" at the 2<sup>nd</sup> World Mental Health Congress held on December 06-07, 2021 as a Webinar

A handwritten signature in black ink, reading "Gösta Alfvén".

**Gösta Alfvén**

Karolinska Institutet, Sweden



A handwritten signature in black ink, reading "Xanya Sofra".

**Xanya Sofra**

City University | United Kingdom